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a second bite tab portion adapted to engage at least a portion of a back tooth of the wearer when the jaw of wearer is closed, said first bite tab portion having a proximal side adjacent the rear surface of said frame member, and a distal side opposite the proximal side; and

wherein the mouthguard protects the teeth of the wearer without inducing gagging and need not be boiled or trimmed prior to being used by the wearer.

28. (New) The mouthguard of claim 27, wherein said transition comprises a shoulder.

- 29. (New) The mouthguard of claim 27, wherein said one surface is the front surface of said frame member, said first portion of the front surface comprises an upper portion for protecting the upper teeth of the wearer, said second portion of the front surface comprises a lower portion for protecting the lower teeth of the wearer, and said lower portion is set back from said upper portion.
- 30. (New) The mouthguard of claim 29, wherein said transition is disposed in said outwardly facing front surface.
- 31. (New) The mouthguard of claim 27, wherein said bite tab portions project from a region of the rear surface of said frame member adjacent said transition.

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